

## Reflection

## Activity

## Introduction

As you traversed through this module, you were instructed to keep a journal. Use the journal to review your intuitive journey as you move through this activity.

Consider this a wrap-up or summary activity for the entire module. As you settle into the reflection, remember the first step on this path and the various twists and turns you took to get here. Be honest with yourself as you reflect so you have a solid and secure foundation to build from moving forward.

## **Exercise**

Honing your intuition is a lifelong commitment to moving into deeper alignment with the divine. This is just the beginning of an amazing journey full of miracles and delight if you choose to keep walking.

Review your journal entries starting back at the beginning. As you review, reflect on the following:

What was your understanding of intuition when you started the module? How did it change?

What areas do you still find challenge in going to your intuition first?

As you wave your magic wand and vision forward, how would you like to be able to use your intuition? On a scale of 1-10, how committed are you to continue honing your intuition? How do you plan to continue expanding toward that end?